

First Aid Kits

Properties: There is a basic first aid kit under the sink in the kitchen of every property. Please notify the island team if you use any of the items from these.

Island General: Located in the white wooden structure as you enter the village from the causeway, accessed via the Osea Team.

In the event of an emergency:

Dial 999 > request the response you require (Ambulance, Fire, Police) > explain the situation at hand and let them know you will contact the Coast Guard* > Hang Up

**In some situations the operator may connect with the coastguard without you needing to, always check before hanging up if they will, or if you should.*

(If the operator does not contact the coastguard directly) Dial 999 again > request Coast Guard > explain who you have called > The Coast Guard will then liaise with the relevant emergency service to determine the best access method for the emergency

Always notify the island team that 999 has been called as they are best placed to advise on landing / meeting points and the coastguard will contact the duty manager to keep them abreast of progress.

Osea Island Mobile: 07519 356545

Fire Safety (for properties)

Upon arrival, please familiarise yourself with emergency procedures for dealing with a fire. Notices are present in all accommodation. If you discover a fire please let Osea Island staff know right away by calling or texting the Osea Mobile. If it is safe to do so, tackle the fire with the fire extinguisher provided but do not put yourself at risk. Evacuate and alert others – do not delay your departure by trying to take belongings with you.

Fire & Evacuation meeting point:

The Saltwater pool (in front of The Manor House)

Defibrillator

There is currently no defibrillator located on Osea Island.

Nearest Hospitals / A&E departments:

Broomfield Hospital

(Mid Essex Hospital Services NHS Trust)

Court Road, Broomfield, Chelmsford, Essex, CM1 7WE

Tel: 0844 8220002

Colchester General Hospital (Colchester Hospital University NHS Foundation

Trust) Turner Road, Colchester, Essex, CO4 5JR

Tel: 01206 747474

Local Doctors:

Blackwater Medical Centre, Princes Road, Maldon, CM9 7DS Tel: 08444 996635